



LIST OF ACCEPTED TRAININGS

NATUROPATHY / NATUROTHERAPY

DISCIPLINE

- Alexander technique
- Applied kinesiology
- Aquatherapy
- Aromatherapy
- Art therapy
- Auriculotherapy
- Ayurveda medicine
- Bach flower therapy
- Balneotherapy and thalassotherapy
- Bioenergy
- Biofeedback
- Birth support - Doula
- Body-mind Therapy
- Bowen technique
- Chromotherapy
- Colon hydrotherapy (except in Quebec)
- Correectology
- Counselling
- Craniosacral therapy
- Creative non-directive approach (relational therapy)
- ECHO healing
- "Écoute ton corps" approach
- Energy therapy
- Fasciatherapy
- Feldenkrais method
- Focusing
- Gemmotherapy (buds)
- Hellerwork
- Herbalism
- Holistic nutrition

DISCIPLINE

- Hypnotherapy
- Integral reflexology (or Tibetan)
- Integrative eye movement therapy (EMDR)
- Iridology
- Jin Shin Do
- Laser therapy
- "Libération des cuirasses" method
- Life coaching
- Lymphatic drainage
- Music therapy
- Myotherapy
- Naturopathy
- N.L.P. (neuro-linguistic programming)
- Phytotherapy
- Polarity
- Posturology
- Psycho-kinesiology
- Rational Emotive Behaviour Therapy (REBT)
- Rebirth (palingenesis)
- Reflexology
- Rolfing
- Shiatsu
- Sophrology
- Therapeutic touch
- Trager
- Total biology
- Traditional Chinese medicine
- Zootherapy

Please note that the above list is non-exhaustive and that other trainings may be accepted.